



OSLO GUIDE

2017

FLY HOLMENKOLLEN

PAGE 5



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facebook



"Fantastic!! The guidebooks really don't do it justice!" "The best thing to see in Oslo" "One of the best museums I've ever seen" "Fascinating displays" "Captivating photos" "Not to be missed" "Unexpectedly fantastic" "Adventure Ahoy!" "A Truly Engaging Experience" "Polar exploration buffs -- this is heaven!" "Impressively executed!" "Inspiring and fun"

- Reviews from
 **tripadvisor**®

www.frammuseum.no

"NORWAY'S BEST MUSEUM"

Winner on Tripadvisor, June 2015



Come on board one of Norway's national treasures, Fridtjof Nansen's polar ship *Fram*! The ship that got closer to the North and South poles than any others.

In addition, our brand new building hosts the polar vessel *Gjøa*, the ship that carried Roald Amundsen on the first journey through the legendary Northwest Passage.

Through the use of original films, unique photos, and exciting exhibitions, the Fram museum tells the stories of the brave men in their wooden vessels, that explored the most dangerous and barren territories of the Arctic and the Antarctic. A number of expeditions went terribly wrong, whilst others were successful. See unique objects and realistic models from some of the most important expeditions in polar history.

Our super widescreen is played every 15 minutes, with film of *Fram* and its crew on the ice cap, their dogs, penguins and polar bears.

Become a polar explorer in our new activity centre and the freezing cold polar expedition simulator.

The museum, our Framheim Café and comprehensive shop are open every day throughout the year.



THE FRAM MUSEUM

MUSEUMS
HERITAGE

2013
AWARDS
WINNER



At The International Museum of Children's Art in Oslo you can see the world through children's eyes and understand how children's art is a bearer of esthetical values. The Museum regards children's art as a living part of folk art and also an important element in our national and universal culture. The right to have and preserve a culture of one's own is an accepted principle, when referring to nations or segments of any population.

For more information please visit www.childrensart.com, or follow us on Instagram, Twitter, Facebook, Artstor and Google Art Project.

Address: Lille Frøens vei 4, 0371 Oslo, Metro 1, Frøen T



VISIT PEACE

PAGE 25



 **Nobel Peace Center**
City Hall Square | Oslo | nobelpeacecenter.org

Hi, and welcome to Oslo!

Oslo is Europe's fastest growing capital city with over 661,000 inhabitants, a figure expected to exceed one million within the next twenty years.

The city has undergone a considerable modernization, with captivating new landmarks and a stylish new silhouette with state of the art skyscrapers. City planning projects have both transformed and remodeled old neighbourhoods, allowing you to enjoy historical landmarks whilst experiencing a city in constant development.

Music is an important and integral part of Oslo. With thousands of concerts each year, Oslo is the city in Europe with the highest number of concerts per capita. We like to refer to ourselves as the festival city, with everything from music to food and children's events taking place here. We are also very proud to host one of the world's most famous sport facilities – the Holmenkollen ski jump. Sports events of all kinds take place in the famous arena as well as in other sportarenas all over Oslo throughout the year.

Oslo also offers a number of excellent restaurants, eateries and food halls. The city caters to everything from exciting street food, traditional Norwegian cooking and world class gourmet restaurants.

With our unique design and architecture, the vast array of cultural events, festivals and exciting culinary experiences you are guaranteed to find your Oslo when visiting our city.

Welcome to Oslo, and welcome back.

Bente B. Holm
CEO
VisitOslo



INDEX

❄️	Winter activities	08
☀️	Summer activities	12
📷	Sightseeing	16
🏛️	Museums and attractions	20
🛍️	Shopping	38
🍴	Food & drink	42
🏠	Architecture	50
🍸	Nightlife	52
☕	Coffee City	54
📅	What's on?	56

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Oslo Guide 2017

Norway in a nutshell®

Experience Norway's most popular tour



From
NOK pp **1 890**

This legendary tour takes you through Norway's most breathtaking UNESCO protected fjord and mountain scenery, as well as a trip on Europe's top scenic rail journeys.

Tour highlights

- The scenic Bergen Railway
- The breathtaking Flåm Railway
- Fjord cruise on the world famous UNESCO protected Nærøysfjord and the magnificent Aurlandsfjord
- Bus tour down the steep hairpin bends of Stalheimskleiva (May-September)

The round trip includes:
train, bus & boat

Departure from:
Bergen, Oslo

Duration: 1,2,3 + days

Daily: all year

Alternatives
and booking at
fjordtours.com



HOLMENKOLLEN

CULTURE AND TOURIST FACILITY



ONE OF NORWAY'S MOST VISITED TOURIST ATTRACTIONS

The Holmenkollen ski jump is distinguished by its spectacular and modern design, and is an important landmark in Oslo. Fantastic panoramic views of Oslo and its surroundings can be enjoyed from the top of the tower.

Located within the mountain, underneath the jump, lies the world's oldest ski museum. Experience skiing from the past to the present, polar explorers and an interactive exhibition on modern skiing. Visit our newest attraction, Vær og føre-føre var, a playful exhibition on weather and climate change.

The Kollensvevet, a zipline which allows you to "hop" from the top of the tower and down the slope, an aerial experience you can't miss. Kollensvevet opens towards the end of March and is open through to autumn. For information and opening times: www.kollensvevet.no



*Oslo is Europe's
quickest growing
capital city.
The population has
increased by 30%
since the year
2000.*

WELCOME TO OSLO

The city is located at the innermost point of the Oslo fjord. A green and modern city with a population of 661,000. Oslo's history goes back 1000 years, but it only became the capital city of Norway after the constitution was drafted in 1814.

Alpine skiing and snowboard

The **Oslo Winter Park** is located just north of the city centre. A large ski resort with 18 slopes and 11 lifts open from December to Easter. The Oslo Winter Park offers rental of skis, snowboards and relevant equipment. Skiing courses and private lessons can be booked at the Oslo Winter Park ski school.

Skating

The ice rinks in Oslo are open throughout the winter. The **Spikersuppa** ice rink is located in the city centre, whilst a larger rink is located in the **Frogner stadium**, Majorstua. Rental of skates available at both venues.

Tobogganing

Korketrekkeren is Oslo's largest and most popular toboggan run - 2 kilometres long with a 255 meter descent. Toboggans can be rented at **Skiservice** at the top of the run. You can catch the T-bane from the bottom of the run all the way back to the top.

Cross Country Skiing

There's over 2,700 kilometres of prepped runs in the woods surrounding Oslo, with a vast array of alternatives for both beginners and experienced skiers. The closest runs are 20 minutes from Oslo city centre. Skis and equipment can be rented at the **Oslo Winter Park**. Both the **Skiforeningen** and **Skiglede** offer courses and private lessons.

Enjoy the panoramic views of Oslo from the top of the Holmenkollen ski jump.

WINTER ACTIVITIES

If you're visiting Oslo in the winter why not combine skiing and skating with shopping, food and culture.





FUN IN SUMMERTIME

THE TOP OF OSLO

OSLOSOMMERPARK.NO
OSLOVINTERPARK.NO

FUN IN WINTERTIME



DEN
NORSKE
OPERA
&
BALLETT

WELCOME TO THE OPERA!



Norway's largest music and performing arts institution! In addition to experiencing opera, ballet and concerts on one of our stages, you can stroll around the roof and into our beautiful, spacious foyer. Shop in the Opera store, have a cup of coffee or enjoy a tasteful meal in one of our restaurants!

We have daily tours which give you an insight into what happens behind the scenes before the curtains are drawn.

Visit operaen.no for more information.

FOYER OPENING HOURS:

- ▶ MONDAY-FRIDAY 10-21
- ▶ SATURDAY 11-21
- ▶ SUNDAY 12-21

TICKET OFFICE HOURS:

- ▶ MONDAY-FRIDAY 10-19
- ▶ SATURDAY 11-18
- ▶ SUNDAY 12-18

OPERAEN.NO | KIRSTEN FLAGSTADS PLASS 1 | TLF + 47 21 42 21 21

Swimming pools

The public swimming pools at **Tøyenbadet**, in the east side, and **Frognerbadet** in the west, both have big outdoor pools with diving platforms. If you feel like swimming in the Oslo fjord there's plenty of idyllic islands and beaches just a few minutes from the city centre by public transport.

Climbing

The Oslo Summer Park is one of Scandinavia's largest and best climbing centres, only 30 minutes from Oslo city centre. The park has nine different runs with various zip-lines, the longest one measuring 230 metres.

TusenFryd

There's over 30 exciting rides for you to choose from at the **TusenFryd** amusement park, including roller coasters, exciting rides, a water park and loads more. TusenFryd is about 20 kilometres south of Oslo.

Cycling

Experience Oslo by bike. The city bikes are an easy and affordable alternative. **Viking Biking**, located in Oslo city centre, also offers quality bicycles for rent, and if you feel like a ride in the woods why not rent an off-road bike from the **Oslo Summer Park**.

Boat trips and island hopping

A boat trip is the best way to experience the Oslo fjord. A single **Ruter** ticket will allow you to discover a number of islands with beaches and picnic spots, just a few minutes by boat from the city centre.

Walking tours in the city and surrounding woods

Discover some of Oslo's exciting architecture as you stroll along the new seaside promenade which runs adjacent to the Oslo fjord from Sørenga to Frognerkilen. Walk along the **Akerselva** river to experience the nature, history and culture that Oslo has to offer. The woods surrounding the city provide fun alternatives, with walks starting at **Sognsvann** and **Frognersteteren** and venturing into the wilderness. For information and tips visit **DNT** on Storgata 3.



SUMMER ACTIVITIES

There's over 19 hours of sunlight in Oslo in the summer, and with the fjord and the marka within easy reach there's always something exciting to do.



The Sørenga sea pool is a short distance from the city centre.

OSLO SIGHTSEEING

DAILY SIGHTSEEING TOURS 10:30

EXCEPT: 17/5, 16/9, 24. AND 25/12

2,30
HOURS

OSLO PANORAMA NOK 270/135*

City centre, Vigeland park, Holmenkollen

3,45
HOURS

OSLO SELECTED HIGHLIGHTS NOK 410/205*

City centre, Vigeland park, Holmenkollen, Fram museum or Kon-Tiki museum**. Return from Bygdøy to centre: 16/10–16/3 by bus. 17/3–15/10 by boat.

4,45
HOURS

OSLO ALL INCLUSIVE NOK 450/225*

EXCEPT: 1/1, 26/12, 31/12

City centre, Vigeland park, Holmenkollen, Fram museum or Kon-Tiki museum, Norsk Folkemuseum**

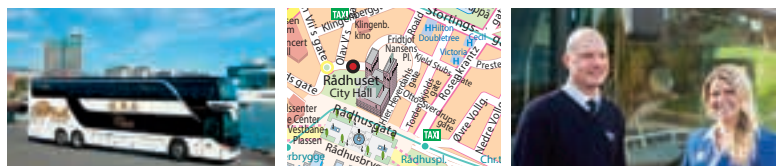
7
HOURS

OSLO GRAND TOUR NOK 650/325*

SEASON: 17/3–15/10

City centre, Vigeland park, Holmenkollen, Fram museum or Kon-Tiki museum. Norwegian Folk museum**, followed by a 2 h. fjord sightseeing tour by boat.

*Children 4–16 Years **2/1-31/3 visits at the Viking ship museum



DEPARTURE

Kronprinsesse Märthas plass by the City Hall. Arrive 15 minutes before departure.

TICKETS

On the bus, online at sightseeingoslo.com, or at the Oslo Visitor Centre.

For more info see sightseeingoslo.com

H.M.K.
Class

H.M.KRISTIANSENS AUTOMOBILBYRÅ AS • TEL. (+47) 22 78 94 00 • www.hmk.no

SINCE 1946

OSLO FJORD

sightseeing



City Cruise HOP ON - HOP OFF!

Opera	DFDS	City Hall	Color Line	Museums
09.45	10.00	10.15	10.30	10.45
11.15	11.30	11.45	12.00	12.15
12.45	13.00	13.15	13.30	13.45
14.15	14.30	14.45	–	15.15
15.45	16.00	16.10		

NOK 215

From 09.45

May 19 - Sept 3

Ticket on board

Valid 24 hours

Ending 16.10 at the City Hall

Fjord Sightseeing

NOK 299

2 hours. This is the classic Oslo fjord sightseeing, passing the fortress, the Opera House and idyllic islands with small summer houses. **Winter:** 10.30 and 13.00, October 16 - March 16, Saturday, Sunday and Monday. Not December 24/25.

New year: All days December 26 - January 9.

10.30 13.00 15.30

March 17 - Oct 15

High season:

10.30 11.30 13.00

14.00 15.30 16.30

June 23 - Aug 20

Oslo Selected Highlights

NOK 410

3 3/4 hour sightseeing by bus visiting the city centre, the Sculpture Park, Holmenkollen Ski Jump and the polarship Fram or Kon-Tiki. Attention: This tour leaves from the City Hall, west.

10.30

ALL YEAR

Except Dec 24/25, May 17 and Sept 16

Oslo Grand Tour

NOK 650

7 hour tour by coach and boat. By coach to the most interesting sights and museums in Oslo. Fjord sightseeing passing the Opera House. Attention: This tour leaves from the City Hall, west.

10.30

March 17 - Oct 15

Except May 17 and Sept 16

Norwegian Evening on the Fjord

NOK 420

3 hour evening cruise on board a sailing ship. Traditional Norwegian prawn buffet is included in the price. **Additional departures in May:** 14, 15, 16, 17, 21, 22, 23, 28, 29 and **June:** 4, 5, 11, 12.

19.00

June 18 - Sept 3

Jazz and Blues Cruise

NOK 470

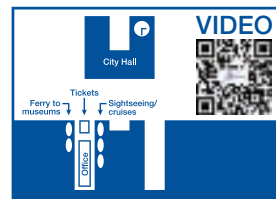
3 hour evening cruise with live music on board a sailing ship. Traditional Norwegian prawn buffet is included in the price. Tuesdays: Jazz! Saturdays: Blues!

19.00

June 3 - Aug 29
Tue. and Sat.

Except June 6, 13 and 20

Rådhusbrygge 3 • Tel 23 35 68 90 • www.boatsightseeing.com



Bus tours

H.M.K. offer bus tours 361 days a year. The tours take you to some of the biggest attractions and museums in Oslo, and vary from 2-5 hours. Tours can be combined with a boat trip in the summer time.

Boat tours

To experience Oslo from the sea why not go on a boat tour with **Båtservice Sightseeing** and learn more about the idyllic islands of the Oslo fjord. The tours are available almost all year round, with more departures in the summer. Båtservice also offers a hop-on hop-off service on a vintage sailing boat between Bygdøy and central harbours in Oslo.

Walking tours

Guided walking tours are growing in popularity, and guiding companies **Oslo Guideservice** and **Oslo Guidebureau** offer a large selection of tours to both known attractions and hidden treasures. The guides are fluent in many languages, and you can choose between a routine walking tour or customised visits with private guides.

Bike, jogging and paddling tours

If you feel like exercising whilst exploring the city there's plenty of fun ways to do it. Why not enjoy a guided bike tour with **Viking Biking**. You can also jog your way through the biggest attractions in Oslo city centre with **Oslo Running Tours** or paddle your way around the Oslo fjord with **Oslo Kayak Tours**.

Sightseeing with the Oslo Pass

With unlimited access to attractions and public transport you can tailor your Oslo sightseeing yourself. The Oslo Pass can be purchased at the Oslo Visitor Centre and at a number of other places in the city. It can also be purchased directly on your mobile phone via the Oslo Pass - Official City Card app.



The monolith is made up of 121 figures, all carved out of a single block of granite.

SIGHTSEEING

A guided tour is a fun and informative way of discovering the city.

48 49

Oslo is a compact city with short distances to all major attractions. For your convenience, the areas of the city are defined in different colours in this map and elsewhere in this booklet. You will be able to locate the attractions in Oslo following the colour code and the number associated with each attraction.

43



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Bislett

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MUSEUMS & ATTRACTIONS

Distances between the major attractions in Oslo are not large, and the city has more than 50 museums exhibiting everything from genuine Viking ships to world-class art.

Oslo Pass – See more. Pay less!

ADULT 24

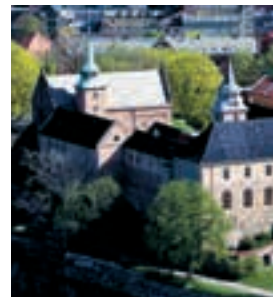


Exp: Dec 2018

The easiest and most affordable way to discover the city's museums and attractions is with the Oslo Pass. The Oslo Pass includes free entry to more than 30 museums and attractions, free public transport (bus, train, tram, metro, ferry), as well as discounts on restaurants, sightseeing and various activities.

You can purchase the Oslo Pass at the Oslo Visitor Centre, www.visitoslo.com, the Oslo Pass app, Ruter's customer centre, and at most hotels in Oslo.

Attractions marked with the Oslo Pass logo are free with the Oslo Pass.



01 Akershus Slott



Akershus Castle
Medieval castle from around 1300 AD. Remodelled to a renaissance castle in the first half of the 17th century. Today, the castle's splendid halls are used by the government for state events. The castle chapel and the Royal Mausoleum are also open to the public. Groups may reserve guided tours all year round. Museum shop.

Price: A100,-/C40,-/S60,-/P60,-
Family: 250,- (2 adults + 4 children) Audio guide incl. in price.
Open: 2/5-31/8: Mon-Sat 10-16, Sun 12-16
1/9-30/4: Sat, Sun 12-17
Address: Bygning 2 Akershus festning **Tel:** 23 09 35 53
www.akershusfestning.no



02 Astrup Fearnley Museet



Astrup Fearnley is a private museum for contemporary art. The museum has changing exhibitions of leading international and Norwegian contemporary art and houses the Astrup Fearnley collection, one of Norway's most important and most extensive private collections. The museum is beautifully located in Tjuvholmen with views over the Oslo fjord, in a building which embodies art, nature and urbanity. Designed by world renown architect Renzo Piano.

Price: A120,-/C0,-/S80,-
Open: Tue, Wed, Fri 12-17, Thu 12-19, Sat, Sun 11-17. Mon closed
Transport: Bus to Bryggetorget or Vika Atrium. Tram 12, 13, 19
Metro to Nationaltheatret.
Address: Strandpromenaden 2 **Tel:** 22 93 60 60
www.afmuseet.no



03 Besøkssenteret Akershus Festning

Akershus Fortress Visitors Centre
The visitor centre is located in "The long red house" from 1774 close to Karpedammen, and is a natural base from where to start your visit of the Akershus fortress – all year round. Our employees will assist you with information regarding activities in the area. Changing exhibitions on the fortress' 700 year old history. We organise historical outdoor tours of the fortress grounds all year round

Price: Free admission
Price for guided tours: A60,-/C30,-/S45,-/P45,-. Family: 150,-
Open: 1/7-31/8: Mon-Sun 11-17
1/9-30/6: Mon-Fri 11-16, Sat, Sun 12-17
Address: Bygning 18, Akershus festning **Tel:** 23 09 39 17
www.akershusfestning.no



04 Den Norske Opera & Ballett

The Norwegian National Opera and Ballet is Norway's largest music and stage institution. In addition to experiencing opera, ballet and concerts at any one of its three unique stages, you can also enjoy a walk on the roof and a stroll inside the beautiful foyer. Visit the opera store or enjoy refreshments and a dinner at one of the restaurants. We offer daily guided tours that provide an insight into what happens backstage before the curtains are lifted. Welcome!

Tickets: To purchase tickets visit www.operaen.no

Opening h. foyer: Mon-Fri 10-21, Sat 11-21, Sun 12-21

Opening h. box office: Mon-Fri 10-19, Sat 11-18, Sun 12-18

Opening hours for shop and restaurants: www.operaen.no

Address: Kirsten Flagstads plass 1 **Tel:** 21 42 21 21

www.operaen.no



05 Det Kongelige Slott

The Royal residence, built 1824-48 in Christiania.

Regular tours in English: 12, 14, 14:20 and 16.

On royal birthdays: 14, 14:20 and 16.

Tours in Norwegian: Mon-Thurs 11-17, Fri 12-17, Sat-Sun 10-17.

On royal birthdays: 13-17.

Tickets on sale at the Oslo Visitor Centre or on www.ticketmaster.no Remaining tickets sold at the entrance.

Change of the guard every day at 13:30. H.M. Royal Guard

show on selected days during the summer.

Price: For ticket prices, visit the Royal house's homepage.

Open: Late June to mid-August.

Transport: Bus 30, 31, 81. Tram 13, 19. Metro to Nationalth.

Address: Slottsplassen 1

www.kongehuset.no



06 Cinemateket

The Cinemateket is a specialised cinema that plays movies from different eras. From Tuesday to Sunday every week you can watch everything from old classics to newer blockbusters from an array of genres and countries, to children's movies and specially curated series.

The Film café is located on the ground floor and serves food and alcohol. The café is open on Mondays.

Tickets and opening hours: Visit cinemateket.no

Transport: Bus 30, 31, 54 and 60 to Jernbanetorget.

Metro to Jernbanetorget. Tram 11, 12, 17, 18 to Stortorvet

and 13, 12 and 19 to Kongens gate

Address: Dronningens gate 16 **Tel:** 22 47 45 89

www.cinemateket.no



07 Forsvarsmuseet



The museum introduces the history of the Norwegian military from the Viking ages to the present day. Exhibitions present the Danish period until 1814, the union with Sweden 1814-1905, the German invasion 9th April 1940 and the war at sea during WWII. The newest exhibitions are on the "Cold War 1945-1990", "Intops - Norwegian soldiers in international operations" and the history of the War cross, Norway's highest military decoration. The vivid exhibitions are presented with the aid of unique artifacts, models, films, videos and interactive media.

Price: Free admission

Open: 1/5-31/8: Mon-Sun 10-17

1/9-30/4: Tues-Sun 10-16, closed Mon

Address: Bygning 62, Akershus festning **Tel:** 23 09 35 82

www.forsvaretsmuseum.no



08 Galleri Fineart

Welcome to Norway's largest gallery.

2000 square metres centrally located at Aker Brygge/Tjuvholmen. We have over 11,000 artworks from 1100 national and international artists.

We have a large selection of graphics, paintings, sculptures, photographs, books and jewellery for all price ranges.

Galleri Fineart has its own frame workshop and offers high quality and quick framing.

Open every day.

Price: Free admission

Open: Mon-Wed 10-18, Thu 10-20, Fri 10-17, Sat 10-16, Sun 12-16

Transport: Bus 21, 54. Tram 12, 13, 19.

Address: Filipstad Brygge 2 **Tel:** 22 01 24 20

www.fineart.no



09 Historisk Museum



A rendezvous with history. Go back in time and discover Viking treasures, meet the Egyptian mummies and get to know your neighbours from across the world. Visit our museum and its exciting treasures and experience the world's only Viking helmet, the fantastic medieval roof, the amazing Arctic exhibitions and get an insight into the world of the indigenous people of America and East Asia. New exhibition "KOLLAPS" - human beings in an unpredictable world.

Price: A100,-/C0,-/S80,-/P80,-/Groups 50,-

Ticket also covers the Viking Ship Museum and is valid for 48 h

Open: 15/9-14/5: Tues-Sun 11-16, 15/5-14/9: Tues-Sun 10-17,

Transport: Tram 11, 17, 18 to Tullinløkka and 13, 19 to Nationalth.

Address: Frederiksgate 2 **Tel:** 22 85 19 00

www.khm.uio.no



10 Ibsenmuseet



Welcome to Henrik Ibsen's home! You won't get closer to Ibsen than this. The apartment is completely restored to how it was in 1895, including original furniture. This is where the world-famous dramatist spent the last 11 years of his life with his wife Suzannah. It was here that Ibsen penned "John Gabriel Borkman" and "When We Dead Awaken". The museum also has several exhibitions about Ibsen's life and works.

Price: A115,-/C30,-/S75,-/P75,-

Open: 15/9-14/5: Mon-Wed, Fri-Sun 11-16, Thurs 11-18

15/5-14/9: Mon-Sun 11-18.

The last guided tour starts 1 hour before closing time.

Transport: Tram 13, 19, Bus 30, 31 to Solli.

Address: Henrik Ibsens gate 26 **Tel:** 40 02 36 30

www.ibsenmuseet.no



11 Kunstneres Hus

Kunstneres Hus is among the most aesthetically attractive buildings in Norway and one of the earliest examples of Norwegian functionalism. Kunstneres Hus has a fascinating history as a centre for Norwegian and international contemporary art. As well as permanent exhibitions and a great culinary experience overlooking the Royal Park, we offer various events during both the day and evenings. Visit our website for the latest information about our programme and opening hours.

Price: A80,-/C0,-/S40,-/P40,-

Open: Tue-Wed 11-16, Thu 11-20, Fri 11-18, Sat, Sun 12-18

Open kitchen: Tue-Sun 11-22, Mon Closed

Transport: Situated by Slottsparken (Royal Gardens)

Address: Wergelandssveien 17 **Tel:** 22 85 34 10

www.kunstnereshus.no



12 Norges Hjemmefrontmuseum



Norwegian Resistance Museum
Through its exhibition and archives/library, the museum aims to provide a "true and vivid picture of the misery and humiliation of being a nation under occupation"
Five years of occupation from invasion to liberation are recreated through images, documents, posters, artefacts, models, original newspapers and sound recordings.

Price: A60,-/C30,-/S30,-/P30,-/Groups (min 10 per.) 50,-
Family: 120,- (2 adults + children under 18)

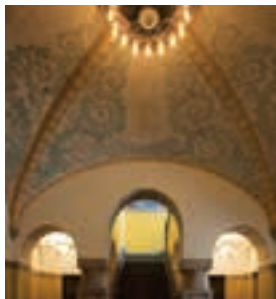
Open: 1/9-31/5: Mon-Fri 10-16, Sat, Sun 11-16

1/6-31/8: Mon-Sat 10-17, Sun 11-17

Transport: Tram 12, 13, 19. Metro to Stortinget

Address: Bygning 21 Akershus festning **Tel:** 23 09 31 38

www.hjemmefrontmuseet.org



13 Nasjonalbiblioteket

The cultural history of Norway, from the medieval times to today are presented through a number of large and small exhibitions throughout the year, as well as a comprehensive program for the public with concerts, lectures, debates and seminars. The National Library's collection includes books, music, films, radio recordings, photography, maps, newspapers, letters and much more. The building, built at Solli plass in 1913, includes murals by Emanuel Vigeland, Axel Revold and Per Krogh and is well worth a visit. Group tours.

Price: Free admission. For group tours: informasjon@nb.no

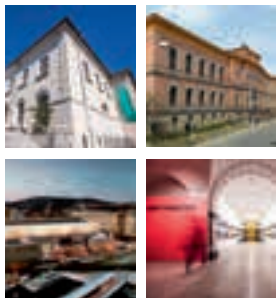
Open: Mon-Fri 9-19, Sat 9-14.

Subject to changes during Christmas and summer

Transport: Bus 21 Lapsetorvet, 30, 31 and tram 12, 13 to Solli pl.

Address: Solli plass, Henrik Ibsens gate 110 **Tel:** 81 00 13 00

www.nb.no



The National Museum of Art, Architecture and Design

- 14. The National Museum - Architecture
- 15. The National Gallery
- 16. Mellomstasjonen - Information Centre
- 17. Museum of Contemporary Art

To book guided tours: omvisning@nasjonalmuseet.no

Tel: 21 98 20 00

www.nasjonalmuseet.no



14 Nasjonalmuseet – Arkitektur



The National Museum - Architecture has Norway's most important architecture collection with more than 300,000 artefacts. The museum's permanent exhibition, "Architecture. The architecture collection from 1830 to the present day" features the work of leading Norwegian architects. The museum features changing exhibitions that span from contemporary architecture to historical topics.

Price: A50,-/C0,-/S30,-/P30,-. Free admission on Thursdays

Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 12-17

Transport: Bus 30, 31, 32, 54 to Rådhuset.

Tram 12, 13, 19 to Kongens gate

Address: Bankplassen 3 **Tel:** 21 98 20 00

www.nasjonalmuseet.no



15 Nasjonalgalleriet



The National Gallery houses Norway's largest public collection of paintings, graphic art, drawings and sculptures.

The permanent exhibition "Livets dans" shows the collection's highlights of Norwegian and international paintings and sculptures from antiquity until 1950. Featuring more than 300 masterpieces, including J.C. Dahl and Romanticism, Christian Krohg and Realism, evocative paintings from 1900 and Edvard Munch's *Scream*, *Madonna* and *The Girls on the Bridge*. Museum shop and café / Den franske sal

Price: A100,-/C0,-/S50,-/P50,-. Free admission on Thursdays

Open: Tues, Wed, Fri 10-18, Thurs 10-19, Sat, Sun 11-17

Transport: Tram 11, 17, 18 to Tullinløkka and 13, 19 to Nationalth.

Address: Universitetsgata 13 **Tel:** 21 98 20 00

www.nasjonalmuseet.no



16 Mellomstasjonen

Road to the new Nasjonal Museum.

The National museum and Statsbygg have created the Mellomstasjonen - Information Centre.

Until the museum opens you can learn about the building project and plans for the new National museum - the biggest art museum in Scandinavia.

Price: Free admission

Open: Sat, Sun 12-16

Summer: 5/6-4/9: Mon-Fri 12-17, Sat-Sun 12-16

Transport: Bus 30, 70, 81A. Tram 12

Address: Brynjulf Bulls plass 2

www.mellomstasjonen.no



17 Museet for Samtidskunst



The Museum of Contemporary Art shows revolving exhibitions from The National Museum's collection and borrowed works post 1945. These include paintings, graphics, drawings, photographs, sculpture, artefacts, installations and video. Permanent installations include the sculpture *Celle VIII* by Louise Bourgeois, Per Inge Bjørlo's "Inner Space V" and Ilya Kabakov's "The Garbage Man (The Man Who Never Threw Anything Away)". Museum shop and café.

The museum will close 5.9/2017

Price: A50,-/C0,-/S30,-/P30,-. Free admission on Thursdays

Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 12-17

Transport: Tram 12, 13, 19 to Kongens gate. Bus to Rådhuset.

Address: Bankplassen 4 **Tel:** 21 98 20 00

www.nasjonalmuseet.no



18 Nobels Fredssenter



The Nobel Peace Centre presents Alfred Nobel, the peace prize winners and their work, as well as exhibitions related to war, peace and human rights. The exhibitions vary - with use of photography, films, digital installations and interactive solutions. Discover the centre yourself, or join one of the free guided tours. Activities for children. Museum shop. Café.

Price: A100,-/C0,-/S65,-/P65,-

Open: 2/1-30/4: Tue-Sun 10-18. Open Mon 20/2, 10/4, 17/4.

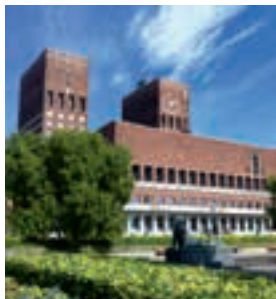
1/5-31/8: Mon-Sun 10-18

1/9-30/12: Tue-Sun 10-18. Open Mon 2/10, 18/12.

Closed 1/1, 17/5, 9/12-11/12, 24/12, 25/12, 31/12.

Address: Rådhusplassen **Tel:** 48 30 10 00

www.nobelpeacecenter.org



19 Oslo Rådhus



The City Hall opened in 1950. Decorated with delightful motives from Norwegian history, culture and working life. The building hosts leaders of the city's political and administrative branches as well as the city council and a number of events. The Nobel Peace Prize is awarded on the 10th of December. The City Hall bells play selected melodies every hour. All tours with City Hall guides must be booked on our website. Opening times can also be found here.

Price: Free admission

Open: Mon-Sun 9-16

Address: Fridtjof Nansens plass
www.rft.oslo.kommune.no



20 Stortinget

Parliament
Stortinget is Norway's house of representatives, the building was inaugurated in 1866. Visitors can experience the historical hall, the walkway, the Lagting hall, and of course the Stortings hall. Stortinget generally offers open tours in Norwegian and English from Jan-Jun (Sat), Jun-Aug (Mon-Fri) and Sept-Dec (Sat). Visit our website for up to date information on dates and times:

www.stortinget.no/omvisninger
www.stortinget.no/en/in-english

Price: Free admission

Transport: Metro to Stortinget

Address: Karl Johans gate 22 **Tel:** 23 31 31 80
www.stortinget.no



21 The Mini Bottle Gallery

The world's only mini-bottle museum is found in Oslo, and contains the largest collection of mini-bottles: 53,000 bottles in 50 installations on 3 floors! Here you can see bottles filled with fruit and berries, worms and mice, what a Scotsman has under his kilt is revealed, and what a brothel looks like from the inside. And if you're the fearless type we recommend you take the slide down to the horror chamber!

Price: A85,-/C35,-

Open: Sat, Sun 12-16. Closed during school holidays. Guided tours on request for larger groups.

Transport: Bus 60 to Jernbanetorget. Tram 12, 13, 19 to Kongens gate. Metro to Stortinget

Address: Kirkegaten 10 **Tel:** 23 35 79 60
www.minibottlegallery.com



22 Det Internasjonale Barnekunstmuseet



International Museum of Children's Art
The museum presents children's art from more than 180 countries. Children's concerns and opinions are presented in changing exhibitions. The museum's three main functions are to collect, preserve and exhibit children's art from around the world. Music and art workshops. Guided tours on request.

Price: A75,-/C40,-/S40,-/P40,-

Open: 17/1-19/6 and 19/9-10/12: Tues-Thurs 9:30-14
Sat, Sun 11-16, Mon, Fri closed 20/6-20/8: Tues-Thurs 11-16
Sat-Sun 11-16, Mon, Fri closed.

Closed: 7/4-18/4, 21/8-18/9, 11/12-16/1 and public holidays

Transport: Metro 1 to Frøen station

Address: Lille Frøens vei 4 **Tel:** 22 46 85 73
www.barnkunst.no



23 Bymuseet



Welcome to the Oslo City Museum inside the Frogner park. The museum is located in the grand Frogner manor, about 200 m. south of the Vigeland complex. Visit the "OsLove" exhibition with glimpses from the city's history. Varied exhibition themes.

Tours all year round: Sat and Sun 13 and 14.

Tours 1/7-14/8: Tue-Sun 13 and 14.

Cosy yard, museum shop and café.

Price: Free admission

Open: 7/1-22/12, 27/12-30/12: Tues-Sun 11-16

Closed: 1/1-6/1, 17/5, 23/12-26/12, 31/12

Transport: Bus 20 to Frogner plass. Tram 12 to Frogner plass

Address: Frognerveien 67 **Tel:** 23 28 41 70
www.oslomuseum.no



24 Vigeland-museet



Close to Vigeland Sculpture Park is one of Norway's most attractive museums. Experience the almost complete collection of sculptor Gustav Vigeland's works (1869-1943). The museum, which was first opened to the public in 1947, also documents the story behind the park and how the sculptures were made. The museum also features temporary exhibitions of traditional and contemporary art.

Price: A60,-/C30,-/S30,-/P30,-

Open: 2/1-30/4: Tues-Sun 12-16, 2/5-31/8: Tues-Sun 10-17, 1/9-31/12: Tues-Sun 12-16

Transport: Bus 20 or tram 12 to Frogner plass. Metro to Majorstua station. Metro to Majorstua.

Address: Nobels gate 32 **Tel:** 23 49 37 00
www.vigeland.museum.no



25 Vigelandsparken

Vigeland Park
One of Norway's most popular tourist attractions with more than one million visitors a year. This unique sculpture park represents the life work of sculptor Gustav Vigeland (1869-1943) with more than 200 sculptures in bronze, granite and forged iron. Vigeland was also responsible for the design and architectural outline of the park.

Price: Free admission

Open: The park is open 24 hrs/day all year

Transport: Tram 12 to Vigelandsparken.

Metro to Majorstua. Bus 20 to Vigelandsparken

Address: Entrance Kirkeveien **Tel:** 23 49 37 00
www.vigeland.museum.no



26 Frammuseet



Fram and Gjøa are the world's most famous polar exploration ships! Come on board Fram and journey to the world's coldest and most dangerous places - the North and South Pole! Information is in 10 different languages. Watch a short film about the history of polar exploration in the museum's new screening auditorium. Spectacular models, activity centre for children and fear instilling polar ship simulator. Café and large museum shop.

Price: A100,-/C40,-/S40,-/P70,-

Open: 1/10-30/4: Mon-Sun 10-17, 1/5-31/5: Mon-Sun 10-18, 1/6-31/8: Mon-Sun 9-18, 1/9-30/9: Mon-Sun 10-18

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Bygdøyneveien 39 **Tel:** 23 28 29 50
www.frammuseum.no



27 HL-Senteret



The HL Centre is a research and information centre established at Villa Grande. The centre focuses on themes relating to the Holocaust, genocide in general and living conditions for minorities. The centre has an exhibition on the Holocaust, with focus on the fate of Norwegian Jews during the Second World War. The exhibition also covers other genocides, and aims to expose how historical events are relevant to today's society.

Price: A50,-/C25,-/S40,-/P40,-

Open: 1/6-14/9: Mon-Sun 10-17, 15/9-31/5: Mon-Fri 10-16, Sat, Sun 11-16

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Huk aveny 56 **Tel:** 22 84 21 00

www.hlsenteret.no



28 Kon-Tiki Museet



Thor Heyerdahl rose to fame when he crossed the Pacific Ocean with the Kon-Tiki in 1947. Further adventures followed with voyages on the Ra and Tigris seed boats. Experience the original rafts and up to date exhibitions on Heyerdahl's expeditions, including Kon-Tiki, Ra, Tigris, Easter Island, Fatuhiva, Túcume, Galapagos, spelunking, the under water exhibition and more. Daily viewings of the original "Kon-Tiki" movie. Shop.

Price: A100,-/C40,-/S60,-/P60,-. Family ticket 200,-

Open: 2/1-28/2: Mon-Sun 10-16, 1/3-31/5: Mon-Sun 10-17

1/6-31/8: Mon-Sun 9:30-18, 1/9-31/10: Mon-Sun 10-17

1/11-30/12: Mon-Sun 10-16. Closed: 1/1, 17/5, 24-25/12, 31/12

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Bygdøyneveien 36 **Tel:** 23 08 67 67

www.kon-tiki.no



29 Norsk Folkemuseum



Open-air museum: Gol stave church from 1200 and other buildings and environments show the culture and history of Norway's many regions and cities, both then and now.

In summer: Daily activities, costume-clad guides, folk dancing, music and domestic animals. Building interiors viewable all year. Weekend activities and Christmas market.

Exhibitions: Wood-carving, traditional rose painting, folk dress, Sami artefacts and interiors from town and country.

Price: A130,-/C40,-/S100,-/P100,-/Family ticket 260,-

Open: 15/5-14/9: Mon-Sun 10-18, 15/9-14/5: Mon-Fri 11-15, Sat, Sun 11-16

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April - Oct)

Address: Museumsveien 10 **Tel:** 22 12 37 00

www.norsksfolkemuseum.no



30 Norsk Maritimt Museum



Norway is one of the world's leading maritime nations. Meet the people that made this possible, from the Vikings to the sailors and ship owners. Start with a panoramic film, 18 minutes that will take you for a ride along Norway's beautifully long coast. An interactive exhibition with a simulator and game, as well as treasures and shiploads discovered deep under the sea. Various exhibitions on the coast, the sea and navigation. Cafe and museum shop.

Price: A100,-/C30,-(6-16 yrs.)/C0,-/S50,-/P50,-

Open: 15/5-14/9: Mon-Sun 10-17, 15/9-14/5: Tues-Sun 10-16 Closed Mondays

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Bygdøyneveien 37 **Tel:** 24 11 41 50

www.marmuseum.no



31 Oscarshall

The summer palace on Bygdøy was built between 1847 and 1852 for King Oscar I and designed by the Danish architect Johan Henrik Nebelong. Guided tours on the hour.

Last guided tour is at 16 (lasts roughly 50 mins - we close at 17). Tickets at the door. No parking facilities.

NB: Closed during private events

Price: Visit the Royal house's website for ticket prices.

Open: Mid-May to mid-September

Visit www.kongehuset.no for opening times

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Oscarshallveien

www.kongehuset.no



32 Vikingskipshuset



The world-famous Viking ships and unique burial artefacts from boat graves around the Oslo fjord: Oseberg, Gokstad, Tune and Borre. The ships had been used for sea voyages before being hauled ashore for a royal ship burial more than 1100 years ago. The ships were used as burial chambers, richly adorned and with ample supplies of food and drink, dogs and domestic animals, and other artefacts for use in the after-life. The shop has a large selection of souvenirs and books.

Price: A100,-/C0,-/S80,-/P80,-

Open: 2/5-30/9: Mon-Sun 9-18, 1/10-30/4: Mon-Sun 10-16

For guided tours, call 22 85 99 64. Closed 1/1, 24-26/12, 31/12

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

Address: Huk Aveny 35 **Tel:** 22 13 52 80

www.khm.uio.no



33 Ekebergparken



The Ekeberg Park lies in the beautiful green hills overlooking the Opera, Bjørnvika and Oslo's East side. The park has one of Europe's finest and richest collection of sculptures. The artworks are scattered along a large historical and natural landscape with spectacular views of the city and the fjord. With two restaurants, a museum and the Hakkespettene activity centre for children, it's a lovely place to enjoy tours and organise get-togethers. Visit our website to book a guided tour, and check opening times for the park and museum.

Open: Daily, all year to the public

Transport: Tram 18 and 19 to Ekebergparken

Bus 74 and 34 to Brannfjellveien

Address: Kongsveien 23

www.ekebergparken.com



34 Interkulturelt Museum



Welcome to the Intercultural Museum! The museum is situated close to Grønland metro station and contains exhibitions that illustrate the history of immigration to Norway and cultural changes in Norwegian society. Themed exhibition about Norwegian Romani people. Gallery IKM presents various art exhibitions. Guided tours: Sat-Sun 12 and 14

Price: Free admission

Open: 10/1-17/12: Tues-Sun 11-16

Closed: 1/1-9/1, 10/4-17/4, 17/5, 25/5, 18/12-31/12

Transport: Metro to Grønland station. Bus 37 to Tøyengata

Address: Tøyenbekken 5 **Tel:** 22 05 28 30

www.oslomuseum.no



35 Munchmuseet



Every year the Munch museum has three exhibitions which present new and before unknown sides of Munch's art. 2017 will start with the Dutch artist Mieke Bal, then it'll be the turn of the reputable author Karl Ove Knausgård, and to finish it off artists Per-Inge Bjørlo and Lena Cronqvist. The Munch museum has the world's largest collection of Edvard Munch art, there is however no permanent exhibition. The collection is presented through various exhibitions in which Munch's art is brought to life.

Price: A100,-/C0,-/S60,-/P60,-

Open: 2/1-12/5 and 9/10-30/12: 10-16, 13/5-8/10: 10-17
Last Thursday of the month 10-21. See munchmuseet.no

Transport: All metros to Tøyen and bus 20 to Munchmuseet.

Address: Tøyengata 53 **Tel:** 23 49 35 00

www.munchmuseet.no



36 Botanisk hage

The Botanical Gardens are an oasis in the centre of Oslo. The gardens are spread over 15 hectares and include about 7 500 different plants, it is also a part of the Natural History museum. The Botanical gardens also include greenhouses, a mountain garden, a viking garden, a herb garden and a sensory garden. We offer different activities throughout the year. You'll also find maple fruit sculptures and beautifully decorated benches, one of Norway's best museum shops and a cosy café.

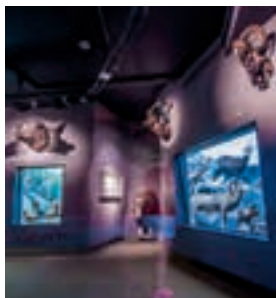
Price: Free entrance

Apent: Every day 7-21. Greenhouses: 2/5-30/9: Every day 10-20, 1/10-31/3: Every day 10-17

Transport: All metros to Tøyen and bus 20 to Munchmuseet

Address: Sars' gate 1/Monradsgate

www.nhm.uio.no



37 Naturhistorisk museum UiO



A treasure house of unique, beautiful and rare natural objects. The biggest attraction is the world renowned Ida fossil. We also have dinosaur remains, gold nuggets, moon rocks, silver crystals, ichthyosaurs, stuffed animals and a number of other features from our collection. The Natural History museum is located within the Botanical Gardens which are also a part of the museum. We have one of Norway's best museum shops and a cosy café.

Price: A80,-/C40,-/S40,-/P40,-

Open: 1/6-31/8: Every day 11-16, 1/9-31/5: Tue-Sun 11-16

Greenhouses: 2/5-30/9: Every day 10-20

1/10-31/3: Every day 10-17. Botanical Garden: Every day 7-21

Address: Sars' gate 1/Monrads gate **Tel:** 22 85 50 50

www.nhm.uio.no



38 Arbeidermuseet



Welcome to the Labour museum!

The museum is situated in an idyllic location within an old factory building by the Akerselva river. The exhibition "Factory girls and industry men" is on show here, as well as other themed exhibitions. Tours of the labourers' apartment in Sagveien 8 are also available.

Tours: Sat-Sun 12 and 14.

Price: Free admission

Open: 4/2-26/11: Sat, Sun 11-16. Closed: 1/1-3/2, 27/11-31/12

Transport: Tram 11, 12 and 13 to Biermanns gate

Address: Sagveien 28 **Tel:** 23 28 41 70

www.oslomuseum.no



39 DOGA



The Norwegian museum for Design and Architecture (DoGA) is situated within a reconverted old power station by the Akerselva river. DoGA has received a number of awards including the Statens Byggeskikk prize in 2006, the City prize in 2007, and the Olavros from the Norwegian Cultural Heritage in 2008. The centre offers a comprehensive program related to design and architecture, as well as design shop and café. Visit www.doga.no for program.

Price: Free admission

Open: Mon, Tues, Fri 10-17, Wed, Thurs 10-20, Sat, Sun 12-17

Transport: Tram 11, 12, 13, 17, Bus 30, 31 to Hausmanns gate

and bus 34, 54 to Jakob Kirke

Address: Hausmanns gate 16 **Tel:** 23 29 28 70

www.doga.no



40 Jodisk Museum i Oslo



The Jewish Museum in Oslo is a vital museum and cultural centre for the preservation and dissemination of knowledge about Norwegian-Jewish history, culture, traditions and identity. The museum is located in a former synagogue from 1921. Exhibitions include: "Remember us alive - Jewish destinies", "The Jewish year", and "Heia jødene! - an exhibition about integration and the joy of sports". Shop with Judaica.

Price: A50,-/C40,-/S40,-/P40,-

Open: 1/1-14/6 and 16/8-20/12: Tues 10-15, Wed, Thurs 14-19, Sun 11-16. 15/6-15/8: Tues, Wed, Fri 10-15, Thurs 10-19, Sun 11-16

Transport: Metro to Jernbanetorget. Tram 11, 12, 13 and 17

Bus 30, 31 to Hausmanns gate

Address: Calmeyers gate 15 **Tel:** 22 20 84 00

www.jodiskmuseumoslo.no



41 Popsenteret



An interactive and modern experience based museum for Norwegian music located in Grünerløkka. Experience-pods with audio-visual technology. Sing in a studio and design your own album covers. Experience a hundred years of Norwegian popular music history and culture as told through interviews, films, music, photos, TV clips, artists' presentations and musical treasures. A must for music lovers of all ages. Gift shop. Children's room, film room, exhibitions. Museum of the year 2013!

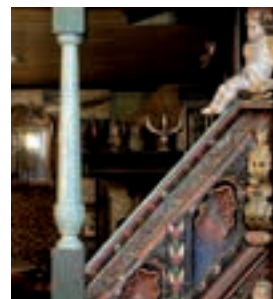
Price: A100,-/C50,-/S70,-/P80,-

Open: Tue, Wed, Fri 10-16, Thu 10-19, Sat, Sun 11-17, closed Mon

Transport: Tram to Schous plass. Bus to Heimdalsgata

Address: Trondheimsveien 2, bygg T **Tel:** 22 46 80 20

www.popsenteret.no



42 Asker Museum



Where does this impressive staircase lead to?

Find out through a memorable visit to the home of two famous Norwegian writers set in beautiful rural surroundings 20 km west of Oslo. Welcome to Asker Museum, Valstad's collection and Labråten, Hulda and Arne Garborg's home.

Price: A80,-/C0,-

Open: Tues-Fri 11-15, Sun 12-16. Mon and Sat closed

Transport: Local train to Hvalstad station.

Departures every 15 minutes from Oslo S / Nationaltheatret

Address: Otto Valstads vei 19, 1935 Hvalstad **Tel:** 66 79 00 11

www.askermuseum.no



43 Blaafarveværket

Blaafarveværket is an 8 km long museum with 3 new art exhibitions every year. The "Drømmen om en hage" (Dream of a garden) exhibition will be on show in 2017. Daily tours of the cobalt mines are available.

Three eateries offering homemade food, as well as museum shops with a vast selection of products. The children's farm is popular amongst the youngest. Culture and fun within the natural surroundings.

Price: Visit www.blaa.no for ticket prices for the exhibition

Open: 13/5-18/6: Tue-Sat 11-17, Sun 11-18, Mon closed

19/6-13/8: 11-18 14/8-24/9: Tue-Sat 11-17, Sun 11-18. Mon closed

Transport: Visit www.blaa.no

Address: Koboltveien 11, 3340 Åmot **Tel:** 32 77 88 00

www.blaa.no



44 Bærums Verk

Welcome to Bærums Verk, a unique shopping experience in authentic surroundings! Verksgata with workers' accommodation from the 18th century now contains shops, galleries and workshops, and the old foundry is a modern shopping area with several unique stores. We have several restaurants and a large sculpture park set in beautiful surroundings. Guided tour incl. the foundry museum – call us.

Opening h. for Handelshuset: Mon-Fri 10-20, Sat 10-18

Opening h. for Verksgata: Mon-Fri 10-17, Sat 10-16, Sun 12-16

Transport: Visit www.baerumsverk.no

Address: Verksgata 15, 1353 Bærums Verk **Tel:** 67 13 00 18

www.baerumsverk.no



45 Eidsvoll 1814

The Eidsvoll building is one of the most important national symbols and treasured pieces of cultural heritage in Norway. It was here the Norwegian Constitution was written and approved by 112 men in 1814. Join a guided tour of the recently restored building and learn about those six important weeks in Norwegian history. Separate visitors centre with exhibitions and films, café and museum shop.

Price: A125,-/C60,-/S90,-/Family ticket 310,-

Open: 1/5-31/8: Mon-Sun 10-17

Opening hours rest of the year: Tues-Fri 10-15, Sat, Sun 11-16

Transport: Train from Oslo S to Eidsvoll Verk station

Address: C. Ankers vei, Eidsvoll Verk **Tel:** 63 92 22 10

www.eidsvoll1814.no



46 Hadeland Glassverk

The Hadeland Glassworks was established in 1762 and is one of Norway's most visited tourist attractions. Enjoy the glass blowing close up and why not try some yourself. The visitor centre includes 10 shops, a glass cabin, glass museum, 2 galleries, 2 cafés, a waffle house and open bakery. New and relevant exhibitions. Factory outlet for glass and porcelain. Idyllic outdoor area right by the Randsfjorden.

Price: Free admission to Glasshytta

Open: Mon-Fri 10-18, Sat 10-17, Sun 11-18 (summer).

Visit our website for other opening hours.

Transport: Daily buses from Oslo to Hadeland Glassverk.

Visit brakar.no or ring 177 for information.

Address: Glassverksveien 9, 3520 Jevnaker **Tel:** 61 31 66 19

www.hadeland-glassverk.no



47 Henie Onstad Kunstsenter

Henie Onstad Art Centre

The Henie Onstad Art Centre presents modernism and contemporary art via changing exhibitions and an extensive concert programme. The art centre is situated in picturesque surroundings by the fjord and boasts a sculpture park, beach and art laboratory for the young. Sonja Henie's trophy collection, brasserie Bølgen og Moi and a museum shop.

Price: A100,-/C0,-/S70,-

Open: Tues-Sun 11-17. Mon closed

(Opening times may vary, please check hok.no)

Transport: Bus 151 to Høvikodden or train to Blommenholm station. Approx. 15 minutes travel from Oslo.

Address: Sonja Henies vei 31 **Tel:** 67 80 48 80

www.hok.no



48 Holmenkollen

"The blue and the green and the city in between".

From the top of Holmenkollbakken ski jump you can experience a 360 degree panoramic view of the city, fjord and hinterland. In addition, you will find the world's oldest ski museum, 2 exciting shops, a ski simulator and café.

For information on our Kollensveit zipline,

visit www.kollensveit.no

Price: A130,-/C65,-/S110,-/P110,-

Open: 1/5-31/5: Mon-Sun 10-17, 1/6-31/8: Mon-Sun 9-20

1/9-30/9: Mon-Sun 10-17, 1/10-30/4: Mon-Sun 10-16

Open 365 days a year.

Transport: Metro 1 to Holmenkollen

Address: Kongeveien 5 **Tel:** 916 71 947

www.holmenkollen.com



49 Holmenkollen Ski-Simulator

Brand new Ski simulator by the Holmenkollen ski jump.

Opens 15/2 2017. Hop on the "Kollen" and experience what it feels like to set off from some of the world's toughest downhill slopes with the world's best skiing athletes.

Technology which was previously only available to pilots and astronauts combines flight simulation movements with an "eye-view" film to deliver a special and realistic experience.

Price: Visit www.skisimulator.no

Open: 15/2-30/4: Mon-Sun 10-16, 1/5-31/5: Mon-Sun 10-17

1/6-31/8: Mon-Sun 9-20, 1/9-30/9: Mon-Sun 10-17

1/10-31/12: Mon-Sun 10-16. Open all year round.

Transport: Metro 1 to Holmenkollen

Address: Kongeveien 5 **Tel:** 900 12 046

www.skisimulator.no



50 Norsk Teknisk Museum

A museum filled with playful learning. Explore and be creative in Oslo's science centre. Experiment with renewable energy sources and much more. Loads of activities on week-ends and during school holidays. Visit our website for a full program. Check out Makerspace! Big exhibitions on progress of science and technology throughout the ages. Shop. Café. Free parking. Easily reachable by bus, train and tram. Don't miss the exhibition on forced labour in Norway during WWII!

Price: A150,-/C100,-(over 3 yrs.)/S100,-/P100,-

Open: Tue-Fri 9-16, Sat, Sun 11-18. Mon closed

20/6-20/8 and School holidays: Mon-Sun 11-18.

Transport: Bus, train and tram. Easy access by car. Parking.

Address: Kjelsåsveien 143 **Tel:** 22 79 60 00

www.tekniskmuseum.no



51 Oslo Klatrepark

Welcome to breathtaking adventures in the beautiful, wild nature! The park offers exciting challenges that result in increased self-confidence and a great sense of achievement. Challenge your comfort zone and conquer your fears. We have 9 tree top climbing routes from 0,6 to 14 m. above the ground. Each route has its own difficulty level with different obstacles and ziplines. Safety is paramount: Guests will receive basic training, a helmet and climbing equipment.

Price: A310,-(12y+)/C260,-(6-11y)/C Free! (3-5y)

Open: 1/4-21/6 and 23/8-29/10: Wed 12-20, Sat-Sun 10-18

24/6-20/8: Every day 10-18

Transport: Metro 4/5 to Vestli. Buss 301/321 to Skillebekk

Address: Trondheimsveien 644 **Tel:** 46 90 90 64

www.osloklatrepark.no



52 Tusenfryd

Enjoy an unforgettable family day out at Tusenfryd Amusement Park. Try our new attraction Ragnarok. An adventure for the whole family. Other exciting rides include SpeedMonster, SuperSplash, ThunderCoaster, Space-Shot and Spin Spider for a true "adrenalin kick". At BadeFryd the pools and slides are warmed to 25 °C. Tusenfryd offers a variety of popular attractions for families with younger children. Activities available for children of all ages.

Price: Visit www.tusenfryd.no

Open: Open from May to October

Transport: Bus 500 from Oslo Bus terminal.

Address: 1407 Vinterbro **Tel:** 64 97 64 97

www.tusenfryd.no

Oslo Visitor Centre

The Official Tourist Information

Ask us about what's going on in Oslo!

Buy the Oslo Pass, concert and transport tickets here

Currency Exchange

Free Wi-Fi

Located inside Østbanehallen, next to Oslo Central Station.

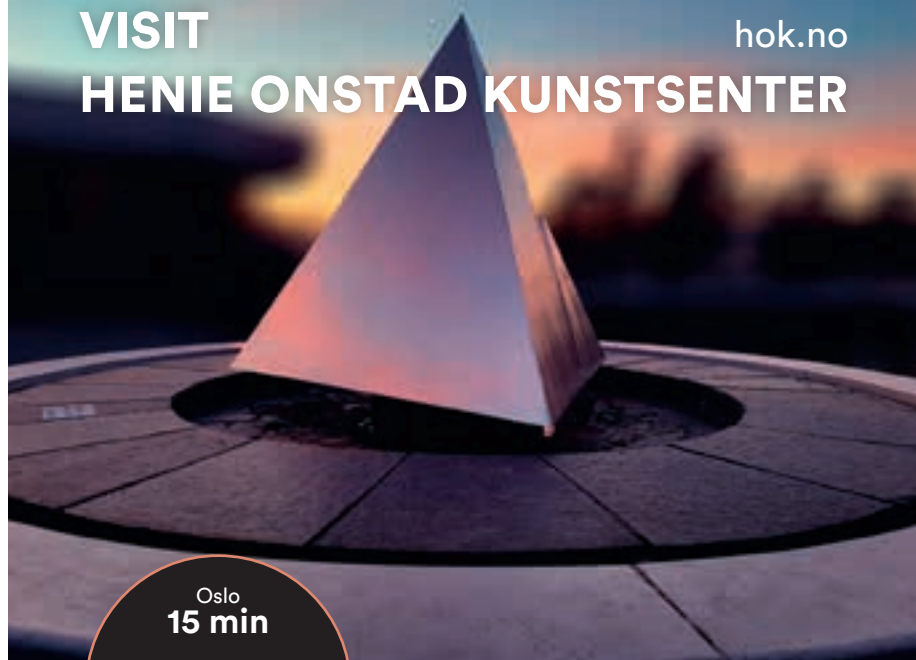
For opening hours see www.visitoslo.com.

#visitoslo



VISIT HENIE ONSTAD KUNSTSENTER

hok.no



Oslo
15 min

— Høvikodden —

Sandvika
5 min

HOK is one of Norway's leading art centres and presents contemporary art, modernism and music. Experience the art, enjoy the surrounding natural landscapes by the fjord, and have a bite to eat at our restaurant. Outdoor serving throughout the summer, as well as bathing at the art centre's beach. Changing exhibitions, collection and sculpture park. Museum shop with Nordic design goods. Guided tours in Norwegian and English, activities for the whole family at the HOK Lab.

Opening times: Tues-Sun: 11-5. Mon: Closed

Children under 18: Free entry



**HENIE
ONSTAD
KUNSTSENTER**



Tomasz Majewski

Los & Co / Photo: Nicolai Strøm

Østbanehallen

THE BEST VENUE FOR DIFFERENT CULINARY EXPERIENCES IN THE HEART OF OSLO

Centrally located, Østbanehallen is the natural meeting place for anyone living in or traveling to Oslo. While full of history and tradition, Østbanehallen has, at the same time, a modern and fresh look and atmosphere. Østbanehallen is home to a variety of exciting restaurants, bars, cafés and shops, including Oslo Visitor Centre. The old train station building provides a unique food court experience, hinged under a spectacular glass roof. Our venue offers traditional Norwegian foods together with flavors from around the world – ranging from Japan to America, Italy and England – right at the city center of Oslo.

Østbanehallen is the perfect hub for any occasion, whether you're meeting up for afterwork drinks, want to grab a tasty snack before heading to a concert or you're just transiting and need an easy-access place to lower your shoulders.



[ostbanehallen.no](https://www.ostbanehallen.no)



ØSTBANEHALLEN



FLYTOGET
AIRPORT EXPRESS

flytoget.no

The most relaxed
way to Oslo can
also be the fastest.

With the Airport Express, downtown
Oslo is only 19 minutes away.



SHOPPING



Oslo has everything from fashionable brands and large shopping centres to small niche boutiques selling unique and original products.



Get up to 19% back on products you purchase with tax-free.

Design and interior

Norwegian and Scandinavia design are well known. **Norway Designs**, **Pur Norsk** and **House of Oslo** are among some of the best places in Oslo for design enthusiasts. The **David-Andersen** jewellery also has a number of shops in Oslo offering both their own articles as well as famous brands.

Luxury and fashion

The area around Nedre Slottsgate and Egertorget stands out as the city's most exclusive shopping area with flagship stores such as **Gucci**, **Marc Jacobs** and **Louis Vuitton**. At **Paleet**, **Eger Karl Johan** and **Steen & Strøm** you can revel in various floors of fashion boutiques.

Vintage and second hand

Markveien in Grünerløkka is the number one stop for vintage shopping, with an array of second hand shops such as **Ny York design & 2nd hand**, **Robot** and **Frk Dianas Salonger**. **Fretex Unika**, one of six Fretex shops in Oslo, is also in the area. **Velouria Vintage**, in Thorvald Meyers gate, is definitely worth a visit.

Souvenirs and craftwork

Den Norske Husfliden and **Heimen** are traditional stores that offer high quality handmade Norwegian products. **Norway Shop** by the City Hall also has a vast selection of knitted sweaters and souvenirs.

Shopping centres and shopping streets

The two large shopping centres of **Oslo City** and **Byporten** next to Oslo S have everything you need. Whilst the recently refurbished shopping streets on Bogstadveien and at **Aker Brygge** offer a variety of exciting clothes shops which you won't find in other parts of the city.

Norway's premium Outlet Village



30-70% discount. Always.
45 brand stores
25 mins south of Oslo, E6 exit 17

 **Norwegian
Outlet**

norwegianoutlet.no

Gimpville. Foto: Aksel Jernstad by Aksel




TIME
WATCHES



New exclusive watch shop by Karl Johans gate.
Find new luxurious watches, vintage models,
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Professional staff with a focus on customer care.

Øvre Slottsgate 9
971 00 030
www.timewatches.no



FOOD & DRINK

Oslo offers a diversity of food cultures which is reflected in the city's many restaurants. Most of them focus on Norwegian flavours, ingredients and culinary traditions, like at the Mathallen in Vulkan where you can buy and taste Norwegian products and imported delicacies.

The restaurant has been a pioneer in setting the trend for locally sourced, quality, ecological ingredients in eateries across Oslo.





53 Argent Restaurant

At the Argent restaurant, located in the Opera, it's all about culinary art and quality. We allow for the best raw ingredients and flavours to come into their own in a relaxed and harmonious environment. Our head chef composes seasonal menus that are created with tradition and innovation in mind. We promise you an exciting culinary experience, whether you're enjoying our range of mini dishes or a delicious meal or if you're just here for a show. At Argent you're never too far from the orchestra, no matter what. Welcome to Argent Restaurant!

Kirsten Flagstads plass 1 - 21 42 21 42
www.argentrestaurant.no



55 Engebret Café

We welcome you to a pleasant meal in Oslo's oldest restaurant steeped in tradition and history. The exuberant theatre life in Bankplassen during the 19th century created a need for a friendly café for actors and other guests. Ibsen, Bjørnstjerne Bjørnson, Edvard Grieg and Edvard Munch all had a reserved table at Engebret Café. Engebret Café has an à la carte restaurant, several cosy chambres séparées, Engebret's large banqueting hall and several lounges. In the summer there is also a charming terrace with a full à la carte menu situated on one of Oslo's most idyllic squares.

Bankplassen 1 - 22 82 25 25
www.engebret-cafe.no

54 Brasserie Paleo

The name Paleo comes from the word Paleolithic, which is a term that stands for a lifestyle and a way of relating to food. The diet, whose origins can be traced back to the time when man hunted and fished, is often referred to as "stone-age food". The concept of the new Paleolithic diet, which has been adapted to modern life, is to avoid all processed foods, and to use locally sourced, seasonal vegetables and ecologically produced food.

Rosenkrantz gate 1 - 23 31 55 80
www.brasseriepaleo.no



56 Festningen Restaurant

The Festningen restaurant has a magnificent view over Aker Brygge and the Oslo fjord from the base of the Akershus fortress. Nowadays the restaurant stands out as an elegant but unassuming brasserie with an exciting and dynamic selection of wines and menus reflecting the season's best ingredients. We offer delicious tasting experiences in a snug and informal atmosphere for lunch and dinner, six days a week. We have a "chambre séparée" that caters for up to 50 guests, and an intimate room, connected to our wine cellar, which sits up to 12 people. Our fjord-side outdoor area can sit up to 300 guests.

Myntgata 9 - 22 83 31 00
www.festningenrestaurant.no



57 Gamle Raadhus

Oslo's first town hall was built in 1641 and today houses Gamle Raadhus Restaurant, which has been an inn since 1856. We serve lunch and dinner with focus on select Norwegian ingredients from local producers and prepared with culinary expertise. Whether in the cosy and newly restored Lauritz Ruus Bar, on the idyllic Raadhusgaarden terrace or in our rustic wine cellar you can enjoy seasonal local produce with a glass of good wine. We are open for lunch and dinner Monday-Saturday.

Nedre Slottsgate 1 - 22 42 01 07
www.gamleraadhus.no



59 Grilleriet

A rustic food experience and cozy atmosphere will welcome you to Grilleriet. Juicy meat, fish and shellfish prepared on a Josper grill, as well as a robata grill. The grill is the heart of the restaurant that gives the food its unique character and juiciness. Experience the chef's table where you can sit in the kitchen and rub shoulders with the chefs. Welcome to Grilleriet, located in the Folketeaterpassagen.

Storgata 21-23 - 22 83 56 00
www.grilleriet.no

58 Grand Café

The Grand Café opened its doors in 1874, back when Oslo was called Kristiania. The café was the place of choice for Henrik Ibsen, Roald Amundsen, Knut Hamsun, Gustav Vigeland and Fridtjof Nansen as well as for a number of other Kristiania bohemians. The new Grand Café is a restaurant with a rather special atmosphere. The main dining area, with its high ceilings, can sit 200 guests. We serve breakfast, lunch and dinner, and cater to all occasions. The new wine cellar is the perfect meeting place for a glass of wine and nibbles after work, wine courses and private arrangements for groups of all sizes. Welcome to a new era at the Grand Café.

Karl Johans gate 31 - 981 82 000
www.grandcafeoslo.no



60 Hard Rock Café

Since its opening in London in 1971, the Hard Rock Café has become a global phenomenon. There are now over 180 Hard Rock Restaurants, live arenas, hotels and casinos in over 54 countries. Despite shifting trends, the Hard Rock Café has managed to hold on to its position as a trendy establishment. At the Hard Rock Café you can enjoy American food and excellent music. We've also recently opened a new sports bar in our basement with 6 shuffleboards. We'll give you the rock'n'roll experience of a lifetime!

Karl Johans gate 45 - 40 00 62 60
www.hardrockcafe.no





61 Kafé Oslo

As the heart of Litteraturhuset, where the capital's cultural milieu gathers, Kafé Oslo serves traditional Norwegian food and international-inspired dishes. You can enjoy a classic three course dining experience, or simply have a snack and a glass of something to ease the mind after one of the many cultural events and debates in the house. Informality is the key word - where famous writers and others interested in current affairs drop by to mingle and discuss across the generation gap. Here is also a reading room with a wealth of magazines, games and no obligation to eat.

Wergelandsveien 29 - 21 54 85 71
www.kafeoslo.no



63 Kafé Love

Located in the foyer of Det Norske Teatret, Kafé Løve is the perfect venue for theatre-goers and visitors alike. With its broad glass frontage, Kafé Love serves delicious open-faced sandwiches and hot lunches in light and airy surroundings. In the evening, Kafé Løve turns into a restaurant with a pre-theatre menu that is both easy on the pocket while matching the culinary standards of more expensive eating places. It is also perfect for enjoying a glass of wine before, during and/or after a performance. In the heart of the city, Kafé Løve is a great informal meeting place for anyone wanting to enjoy a night on the town.

Kristian IV's gate 8 - 22 47 39 70
www.kafelove.no

62 Kaffistova

Kaffistova serves traditional Norwegian food and is one of the oldest cafes in Oslo. Since its opening in 1901, Kaffistova has served what Norwegians often eat at home, including our renowned open-face sandwiches, meat balls, steamed salmon and many other Norwegian specialities such as potato dumplings and sour cream porridge. We also sell fresh pastries. Kaffistova is conveniently located close to Karl Johans gate and Stortinget (Parliament) and is easy to find. Guests with an Oslo Pass will receive a 20% discount. We wish you warm welcome to good Norwegian food!

Rosenkrantz'gate 8 - 23 21 41 00
www.kaffistova.no



64 Lofoten Fiskerestaurant

At Lofoten we're always looking to serve fresh ingredients of the highest quality. This allows us to present a sea food menu of high international standard. At our restaurant it's quality, service and expertise that count. The restaurant is characterised by a snug and informal atmosphere, and is suitable for either business lunches or pleasant family dinners. Norway can boast some of the world's best ingredients, and it is our prerogative to offer the best of the best. The availability of ingredients depends on the season, something that our à la carte menu reflects all year round. Our outdoor area is open from April to October.

Stranden 75 - 22 83 08 08
www.lofoten-fiskerestaurant.no



65 Magic Ice Bar

The "hottest" place to cool yourselves down! Use one of our warm ponchos and some gloves to venture into the Ice bar. Magic Ice has entertained visitors in the Caribbean and northern Norway for 12 years. Magic Ice is a wondrous world built out of tones of ice. The ice bar is created by world renown ice artists who take the bar apart and rebuild it several times a year. The end result is a fantastic ice-blue world that the guests can revel in. Magic Ice is the door into a fairy tale world, where you can enjoy a complimentary drink with that feeling of sitting at the North Pole. Booking@magiciceoslo.no.

Kristian IV's gate 12 - 920 31 300
www.magicice.no



67 Peppes Pizza

We offer our original classics with deep crust, Classic Chicago or our new Freestyle California pizza series with a thin sourdough crust. We also have a variety of other dishes on our menu such as tasty salads, Peppes Burgers and Folded Pizza. Come and enjoy our informal and cosy atmosphere. Welcome to Peppes!

Oslo S - Karenslyst allé 18
Holmens gate 5 - Stortingsgaten 4
Lørenveien 42 - Nydalsveien 36
Henrik Ibsens gate 100
Karl Johans gate 1
2222 5555
www.peppes.no

66 Olivia

Olivia is one of Oslo's most visited and liveliest Italian restaurants. Olivia restaurants are situated in some of Oslo's best locations and are known for their charming interiors, the many fireplaces and the informal mood. Enjoy the best food and wine Italy has to offer. We bake stone oven pizzas, but also offer pasta, antipasti, fish and meat dishes. We also have a lunch menu with salads, focaccia and crostini. Olivia's year round outdoor serving is among Oslo's finest with blankets and heat lamps available.

Aker Brygge - Stranden 3
Hegdehaugsveien - Hegdehaugsvn 34
Tjuvholmen - Bryggegangen 4
Østbanehallen - Jernbanetorget 1
www.olivia.no - 23 11 54 70



68 Restaurants in the Paleet

Paleet, and the restaurants within it, is located on Karl Johan. **Taqueria**, just by the entrance, offers genuine Mexican, hot food and vivid colours - an un-Norwegian and rebel atmosphere. The food basement also includes a number of exiting eateries from different corners of the world. **Pizza Crudo**: The original Italian pizza, authentically prepared with passion and flavour. **Sabaki**: a visual and gastronomic experience of Japanese cuisine. Sushi, as well as dishes prepared with rob-batayaki and teppanyaki. **Public Matpub**: Gastropub with micro brewery and exciting beers and good food. **The Room Café** is on the second floor, a continental café with hand brewed coffee, sandwiches and cakes.

Paleet, Karl Johansgt 39 - 23 89 86 86
www.restaurantpaleet.no





69 Sanguine Brasserie

Sanguine Brasserie has an open and airy location at the centre of the Opera foyer, which makes this restaurant an excellent spot to enjoy the Opera's elegant architecture and lively atmosphere. Winter makes for a cozy ambience with the spectacular views over the Oslo fjord which are in a league of their own, no matter the weather. We serve our hot and cold à la carte menu all day long. Why not order some food in between brakes at the Opera. Our outdoor serving area is open all summer long for you to enjoy the wonderful views.

Kirsten Flagstads plass 1 - 21 42 21 42
www.sanguinebrasserie.no



71 TGI Fridays

Centrally located in the heart of Oslo, T.G.I. Fridays is the perfect meeting place if you want a pleasant lunch with girlfriends, a beer with colleagues after work, a good dinner with good friends or an evening on the town - and we give you that feel-good Friday feeling every day! Our American-inspired cuisine and perhaps the most creative drink menu in Oslo offer something for everyone. Book on www.fridays.no. Welcome!

Aker Brygge, Stranden 39
Biskop Gunnerus' gate 3
Karl Johans gate 35
Klingenberggaten 5
www.fridays.no

70 Solsiden Restaurant

Solsiden is a seafood restaurant that uses only the best produce the Norwegian coast has to offer. As well as a wide variety of fish, we always have Seafood Platter on the menu. This is our speciality consisting of oysters, coquille St. Jacques, crab, mussels, prawns, Norwegian crayfish (when available), lobster and red king crab. We also have an extensive wine list with more than 250 wines.

Solsiden Restaurant is situated on the historic quayside right below Akershus Fortress, and as the name suggests offers amazingly romantic sunsets over the Oslofjord.
Open May-September

Akershusstranda 13, skur 34 - 22 33 36 30
www.solsiden.no



72 Theatercaféen

Theatercaféen has been one of Oslo's most popular eateries and hang outs for over one hundred years. You'll feel right at home in our buzzing and lively atmosphere. We're open minded here, whether you just want to enjoy a glass of wine or stay for lunch or dinner. We also have a chambre séparée which can seat up to 36 people. Our great chefs use the best seasonal ingredients to create inspiring European dishes. The 83 portraits on our walls depict known Norwegian personalities who have at different times been loyal patrons. We'd like to welcome you to a tasty and pleasant experience at Theatercaféen.

Stortingsgata 24/26 - 22 82 40 50
www.theatercafeen.no



73 The Scotsman

The recently refurbished Scotsman focuses on good, traditional pub food and a broad selection of draught and bottled beers. Our aim is to provide the best of pub culture, and to be an inclusive meeting place in the heart of the city. We cover all needs from sports coverage, pub games and after-work drinks to live music and a discotheque for late-night revellers. The Scotsman has something for everyone, and once you've been here we'll guarantee you'll come back again and again.

Karl Johans gate 7 - 22 47 44 77
www.scotsman.no



75 Vaaghals

Vaaghals was one of the first restaurants to open in the Opera neighbourhood, which is generally referred to as the Barcode. The restaurant takes its name from the historical discovery of the boat that was excavated in the area. Vaaghals, has since October 2014, been a melting pot for unique Norwegian ingredients and good Norwegian and international dishes. The food we serve is the kind we would want to serve to our best friends. A good meal is the coming together of good flavours and good atmosphere. This is the place to spread the vibe whilst enjoying a friendly chat and a drink.

Dronning Eufemiasgate 8 - 920 70 999
www.vaaghals.com

74 Tjuvholmen Sjømagasin

Tjuvholmen Sjømagasin has set its focus on becoming an exciting experience-based restaurant. A concept that offers everything from freshly available food, light bites from our fishmonger, business lunches and family gatherings to a large and generous restaurant. Here you'll experience a unique fish and shell-fish concept. We've split the venue into distinct areas, a restaurant, an open chambre séparée, a conference room, a fishmonger and a deli.

Tjuvholmen Allé 14 - 23 89 77 77
www.sjomagasinet.no



76 Ekebergrestauranten

The Ekeberg restaurant lies in the hills overlooking Bjørvika, the waterfront and the medieval park. Experience the panoramic views of the Oslo fjord, the islands, the Opera, the city and Holmenkollen. The building's various eateries cater to everyone's needs. The establishment includes a bar/lounge, conference and meeting facilities, party and wedding spaces, and a stunning fine dining veranda on the second floor. Our vision is one of flexibility and quality in all areas and our goal is to deliver that little extra to our food and surroundings.

Kongsveien 15 - 23 24 23 00
www.ekebergrestauranten.com



Bjorvika and Sorenga

The new high-rise buildings in the **Barcode** have radically redefined Oslo's skyline. The cluster of long and narrow buildings resembles a barcode. **The National Opera and Ballet** and its award winning building, by Norwegian architecture firm Snøhetta, is also to be found in Bjørvika. The Opera is one of Oslo's biggest attractions, and visitors are welcome to stroll up and along the roof to enjoy the views. Adjacent to the Opera is **Sørenga**, a modern neighbourhood with new apartment blocks, canals, cosy parks and Oslo's very own sea pool.

Tjuvholmen

Over 20 different architects contributed to designing the buildings that make up **Tjuvholmen**, a new, modern neighbourhood by the seafront just past Aker Brygge. On the outmost point lies one of Oslo's main attractions, the **Astrup Fearnley Museum**, created by master architect Renzo Piano, which is constituted of three pavilions under one big glass sail. The exclusive **The Thief** hotel is also to be found in this area.

Vulkan

One of Oslo's most interesting city development projects is **Vulkan**. Innovative and environmentally friendly architecture defines this urban neighbourhood. Amongst the apartment and office blocks lies the **Mathallen**, a food market set in the remains of an old factory. **The Norwegian Museum for Design and Architecture (DoGA)**, a must for architect enthusiasts, is located just down the road on the banks of the Akerselva river.

Holmenkollen

The famous ski jump at **Holmenkollen** was rebuilt for the 2011 Skiing World Cup. The facility, which includes the world's oldest ski museum, was designed by the Danish firm JDS Architects. There are wonderful panoramic views of Oslo from the top of the ski-jump.



ARCHITECTURE

Oslo has become a new centre for contemporary architecture. Over the last few years world famous architects have added to the city's growing skyline with new high-rise buildings, whilst existing neighbourhoods have been transformed in the wake of new building projects.



*Approximately
10,000 people
work in the
Barcode area.*

City centre and Karl Johans gate

Find your way to some of the most popular bars and clubs in Oslo city centre. Including a number of famous jazz and blues clubs like **Buckleys**, **Herr Nielsen** and the **Nasjonal Jazzscene**.

Grünerløkka

Grünerløkka lies north-east of the city centre. It's a place where concert halls like **Blå** and **Parkteatret** are an integral part of the nightlife. Many of the neighbourhood's bars and cafés transform in to cool hangouts in the evening. The number of pubs that brew their own beers has continued to grow steadily over the last couple of years.

Grønland

The east side of town is a fresh mix of laid-back clubs with varying music, like **Dattera til Hagen**, as well as a number of local pubs that offer some of Oslo's cheapest beer.

Youngstorget

North of the city centre lies a sea of bars and concert halls, many of them playing alternative/rock orientated music, like **Café Mono** and **Revolver**.

Aker Brygge and Tjuvholmen

These fashionable neighbourhoods along the seafront are full of trendy bars and restaurants like the **Thief Bar** and **BAR Social Eating**. On sunny summer days, **Lekter'n** and other eateries are full of people having a great time.

Frogner og Majorstua

Oslo's west side is the place for exclusive partying with fancy outfits and expensive drinks. **Solli plass** and **Hegdehaugsveien** are generally bustling with people in the weekends.

Gay Oslo

Oslo's diverse nightlife includes a vibrant gay-scene. Enjoy good food and drinks at **Ett Glass**, visit the forever young **London Pub**, check out the mood at nightclubs **Elsker** and **Score**, or pop into **SO** – the place for girls that are into girls.



NIGHTLIFE

Oslo's nightlife is diverse, with each neighbourhood displaying its own particular style.

More and more pop-up cafés and eateries are appearing in Oslo all the time.



*Two out
of three
Norwegian
adults drink
coffee every
day.*

OSLO, THE COFFEE CITY

Norwegians drink more coffee than most, and Oslo is the capital city of coffee lovers.

The enthusiasm for coffee is highlighted by zealous professional coffee makers, and the sheer number of independent coffee shops that serve espresso drinks that many believe are enough to justify a visit to Oslo.

World champions in barista art import, roast and grind the beans with extreme enthusiasm and precision. Focus is given to techniques and flavours. Individual variations of roasting and filter packing techniques make coffee in Oslo something worth exploring.

For an extraordinary coffee experience try one of the following:

Tim Wendelboe
Grünerløkka

Mocca Kaffebar & Brenneri
Briskeby

**Java Espresso bar
& Kaffeforretning**
St. Hanshaugen

Fuglen
Pilestredet

Stockfleths
Lille Grensen
Oslo City
Prinsens gate
Tinghuset
Bygdøy Allé
Gamlebyen
Munchmuseet

WHAT'S ON?

Oslo's rich cultural and sports scene makes it a year-round destination.

You can buy tickets to most of the festivals at the Oslo Visitor Centre.



Festivals

Pop and rock play an important part in summer's biggest festivals **Norwegian Wood** (June), **Øyafestivalen** (August) and **Granitrock** (September). Fans of other genres can count on diverse events such as the **International Church Music Festival** (March), the **Inferno Metal Festival** (April), **Oslo Jazz Festival** (August), **Chamber Music Festival** (August), **ULTIMA Contemporary Music Festival** (September) and the **Oslo World Music Festival** (November). There's also a variety of festivals throughout the year including film, food & drink, literature, dance, opera and much more.

Sport

March will see Holmenkollen host world cup events in cross-country skiing, ski-jumping and Nordic combined, whilst biathlon will take the stage in the famous arena one week later

World class athletes will be travelling to Oslo in June to compete at the yearly **Bislett Games**. The **Norway Cup** football tournament, one of the world's largest youth sporting events, takes place in late July to August.

Nobel Peace Prize

The **Nobel Peace Prize** is celebrated every year on the 10th and 11th of December in Oslo, with the award ceremony in **City Hall** followed by a torchlight parade and concert to honour the winner. Visit the **Nobel Peace Centre** throughout the year for exhibitions and more on the famous prize.

Concerts

Oslo has one of Europe's most exhilarating event calendars with an unusual amount of venues and concerts.

Oslo Spektrum and the **Telenor Arena** regularly host concerts for world famous artists. The famous **Rockefeller** stage and **Sentrum Scene** have weekly concerts with known national and international names. The **Oslo Philharmonic** plays at the **Oslo Konserthus**, which also hosts big names from the world of classical music and jazz. Among the many jazz clubs in Oslo, the magnificent **Gamle Logen** is worth mentioning.

Opera, ballet and dance

Experience opera, ballet and concerts of the highest artistic quality at the **Norwegian Opera and Ballet** in Bjørvika. The **Dansens Hus** at Vulkan offers a varied program with emphasis on contemporary dance.

Theatre and shows

The three big theatrical institutions of **Nationaltheatret**, **Oslo Nye Teater** and **Det Norske Teatret** have ten separate stages in Oslo city centre, which enrich the city with their assortment of theatre shows on offer. The smaller stages outside of the centre tend to play more experimental compositions. If you prefer musicals and stand-up, **Folketeatret** and **Latter** at Aker Brygge have big performances on all year round.



Winter

AS SKISERVICE
22 13 95 00
www.skiservice.no

FROGNER STADION
910 05 955
www.frognerstadion.no

OSLO VINTERPARK TRYVANN
22 14 36 10 (Alpine skiing resort)
982 90 677 (Ski rental)
www.oslovinterpark.no

SKI & GUIDE
976 81 900 / 915 14 633
www.ski-guide.no

SKIFORENINGEN
22 92 32 00
www.skiforeningen.no

SKIGLEDE - DIN SKISKOLE
915 14 633
www.ski-guide.no

SPIKERSUPPA KUNSTISBANE
Ice Skates rental 22 41 78 27

Summer

FROGNERBADET
23 48 20 30
www.oslo.kommune.no

KOLLENSVEVET
Closed from 1st Nov to end of March
22 08 30 00
www.kollensvevet.no

OSLO SOMMERPARK
Opens again 18th May 2017
22 14 36 10
www.oslosommerpark.no

TUSENFRYD
64 97 64 97
www.tusenfyrd.no

TØYENBADET
23 46 22 90
www.oslo.kommune.no

Sightseeing

BÅTSERVICE SIGHTSEEING A/S
23 35 68 90
www.nyc.no

H.M.KRISTIANSENS AUTOMOBILBYRÅ
22 78 94 00
www.hmk.no

MARINE SERVICE A/S
23 32 77 80
www.marine-service.no

NETTBUSS TRAVEL AS
Customer support, route info and tickets:
05070
Switchboard:
815 55 545
www.nettbuss.no

NORWAY YACHT CHARTER AS
23 35 68 90
www.nyc.no

OSLO GUIDE BUREAU AS
22 42 28 18
www.osloguide.no

OSLO GUIDESERVICE A/S
22 42 70 20
www.guideservice.no

OSLO TAXI
02323 / 22 38 86 00
www.oslotaxi.no

SCHOOLSHIP CHRISTIAN RADICH
22 47 82 70
www.radich.no

UNIBUSS TUR
22 08 43 48
www.unibusstur.no

Theatre/Concert

DEN NORSKE OPERA & BALLET
Kirsten Flagstads pl. 1
21 42 21 21
www.operaen.no

OSLO-FILHARMONIEN
Oslo Konserthus
Munkedamsvn. 14
23 11 60 60
www.oslofilharmonien.no

OSLO KONSERTHUS AS
Munkedamsvn. 14
23 11 31 11
www.oslokonserthus.no

WALLMANS OSLO
Mølleparken 6
23 22 65 90
www.wallmans.no

Shopping/Restaurants

DAVID ANDERSEN AS
Bogstadveien 23 - 22 59 50 00
Karl Johans gate 20 - 24 14 88 10
Storo Storsenter - 22 71 21 01
Sandvika Storsenter - 67 20 46 30
Fornebu S - 67 49 57 70
CC Vest Shopping - 21 54 79 90
www.david-andersen.no

HEIMEN HUSFLIDEN
Stortorvet 9
In GlasMagasinet
22 42 10 75
www.heimenhusfliden.no

HEIMEN HUSFLIDEN
Rosenkrantz' gate 8
23 21 42 00
www.heimenhusfliden.no

EGER SPISERI & BAR
22 42 00 92
Øvre Slottsgate 29
www.egerkarljohan.no

GLOBAL BLUE NORGE AS
www.globalblue.com

MATHALLEN OSLO
Vulkan 5
40 00 12 09
www.mathallenoslo.no

NORWAY SHOP AS
Fridtjof Nansens pl. 9
22 42 87 00
www.norwayshop.com

PALEET OSLO
Karl Johans gate 37 - 43
23 08 08 11
www.paleet.no

TJUVHOLMEN
www.tjuvholmen.no

Congress - locations

FELIX KONFERANSESENTER
Bryggetorget 3
23 89 72 70
www.felixkonferanse.no

FORSKNINGSPARKEN
Gaustadalleen 21
22 95 85 00
www.oslotech.no/forskningsparken

GAMLE LOGEN
22 33 44 70
Grev Wedels Plass 2
www.gamlelogen.no

GREFSENKOLLEN
Grefsenkollveien 100
22 79 70 60
www.grefsenkollen.no

NORGES VAREMESSE
Messeveien 8 Lillestrøm
66 93 91 00
www.messe.no

OSLO KONGRESSENTER
Youngs gate 11
907 09 999
www.oslokongressenter.no

OSLO KONSERTHUS
23 11 31 00
www.oslokonserthus.no

OSLO MILITÆRE SAMFUNDS
SELSKAPSLOKALER
Myntgaten 3
22 42 12 12
www.selskaper.no

ULLEVAAL BUSINESS CLASS AS
Ullevål stadion
23 00 83 00
www.ubc.no

Congress - Technical equipment

MESSEKOMPANIET
67 15 43 00
www.messekompaniet.no

SIMNET - SIMULTANTOLKER
www.simnet.no

Meeting/Congress organisers

CIC CONGRESS-INCENTIVES-CONFERENCES
22 59 19 80
www.cic.no

CONGRESS-CONFERENCE
22 56 19 30
www.ccnorway.no

GYRO CONFERENCE
22 92 62 00
www.gyroconference.no

Congress - DMCs/Event Companies

FOTSPOR EVENT
22 16 16 22
www.fotspor.no

SUPPORT INTERNATIONAL AS
22 56 13 00
www.supporti.no

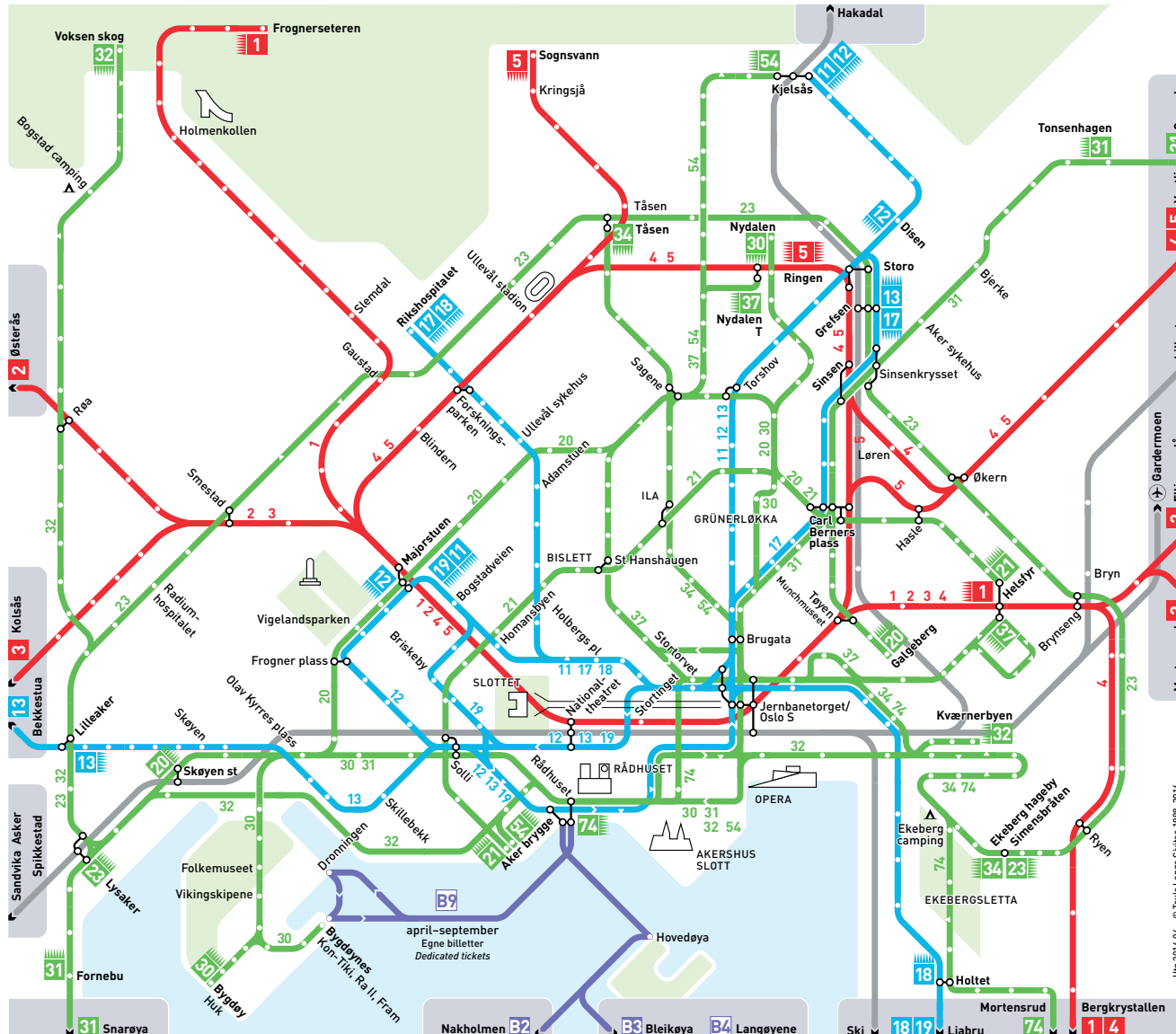
TUMLARE CORPORATION
21 31 41 00
www.tumlare.com

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Main bus services
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Interchange stop
UmsteigemöglichkeitStoppested i én retning
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FOR TURISTER**Enkeltbillett forhåndskjøpt**
for én sone. Gyldighet 1 time.**24-timersbillett** for sone 1.
Begge billettene er gyldige på
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Billettene får du på engangs-
kortet Impuls. Impuls får du kjøpt
på billettautomatene, hos Ruters
servicepunkter på T-banen,
Narvesen, Deli de Luca, 7-Eleven
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Jernbanetorget.**Husk å aktivere billetten** når du
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holde kortet rolig inntil
kortleseren.TICKETS RECOMMENDED
FOR TOURISTS**Single ticket** for one zone.
Valid for 1 hour.**24-hour ticket** for Zone 1.
Both tickets are valid on the Metro,
trams, buses, ferries and trains.

HOW TO BUY TICKETS

The tickets are available on an
Impuls card which you can buy at
our ticket machines. Tickets can
also be bought at Ruter's service
points at the metro, Narvesen,
Deli de Luca, 7-Eleven and at our
customer service centre at
Jernbanetorget.**Remember to activate your ticket**
when you start your trip. Do this by
holding still against the validator.

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